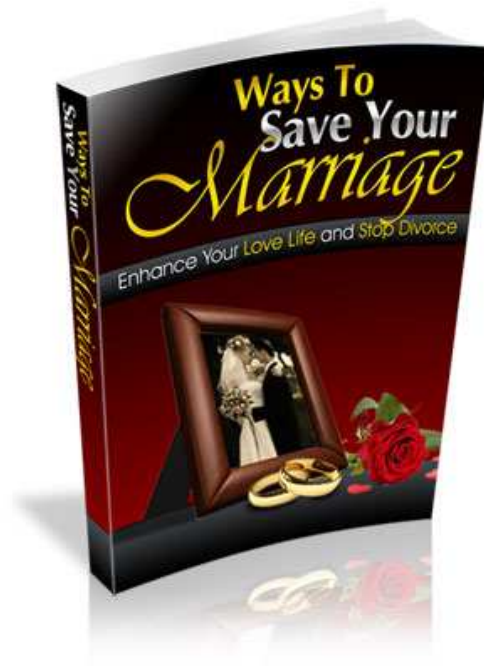


Ways To Save Your Marriage - Enhance Your Love Life and **STOP** Divorce!



Ways To Save Your Marriage

Enhance Your Love Life
And STOP Divorce!

by **Steven N. Day, Sr.**

<http://WaysToSaveYourMarriage.com>

1

<http://WaysToSaveYourMarriage.com>

Ways To Save Your Marriage - Enhance Your Love Life and **STOP** Divorce!

This is **NOT** a free ebook. You do **NOT** have the right either to sell this ebook or to give it free. This ebook is for your own use. You cannot sell or share the content herein.

DISCLAIMER AND/OR LEGAL NOTICES: The information presented in this ebook represents the views of the publisher as of the date of publication. The publisher reserves the rights to alter and update their opinions based on new conditions. This ebook is for informational purposes only. The author and the publisher do not accept any responsibilities for any liabilities resulting from the use of this information. While every attempt has been made to verify the information provided here, the author and the publisher cannot assume any responsibility for errors, inaccuracies or omissions. Any similarities with people or facts are unintentional. No part of this ebook may be reproduced or transmitted in any form, electronic, or mechanical, including photocopying, recording, or by any informational storage or retrieval system without expressed written, dated and signed permission from the publisher.

Table Of Contents

Introduction	3
Chapter 1: The Truth About Divorce	6
Chapter 2: The Aftermath of Divorce	9
Chapter 3: All In Favor of Marriage - Raise Your Hand Part 1	13
Chapter 4: All In Favor of Marriage - Raise Your Hand Part 2	16
Chapter 5: Reaching The Valley	18
Chapter 6: How to Say, "I Love You" Without Moving Your Lips	20
Chapter 7: How to Make a U-Turn	23
Chapter 8: The Ultimate Goal	26
Chapter 9: Conclusion	29
Resources	30

Introduction - A Fresh Start!

At this very moment, millions of people are daydreaming about ending their marriage. They want to create a fresh start; an opportunity to take their life in a more thrilling direction. Yet, if you recall the pain and turmoil that stretched on for over an hour in the movie *The War of the Roses*, you know that realistically what comes out of divorce is anything but exciting. Except in real life, it lasts for years rather than minutes.

So, why can't most people end their marriage and walk peacefully into the life of their dreams? The problem is that the marriage is not the real source of unhappiness. There is a trend in our current society of disposing of marital bonds too quickly. The old term "don't throw out the baby with the bath water" has been turned on its head. Marriage is the baby and too many have gone down the drain, only for both parties to later realize they are no happier on their own than they were together.

This is because the root problems lie within each person, not in the union. Each party points a finger and throws all of their problems on the shoulder of someone else. The courage to look deep at your own behaviors, thought patterns, and mistakes is rare these days. It is far easier to pick out the flaws of someone else.

It doesn't help that most marriages start with unrealistic expectations. With time those sacred vows to love and care for one another in sickness and health start to fade from the memory and all of those false beliefs of what marriage would be like start to shatter. Once things get a little difficult everyone storms to an attorney (they are always waiting nearby) and files for divorce.

Years of loving and caring for one another evaporate into thin air. Sit back and listen to a divorcée talk about their marriage and you will not hear a single sentence that even hints at happiness. Of course, there were years of loving memories

when the marriage was healthy, yet somehow it is all forgotten.

So, what fills the void left by those forgotten happy times? It is never the contentment that many assume will come from divorce.

Unfortunately, it is the children who pay the most. They are not as emotionally resilient, and they have not forgotten years past. They hang onto feelings, and usually those feelings are guilt and self-blame. They seem to be the only ones involved in a divorce capable of blaming themselves. Unfortunately, the blame does not belong on their shoulders and their emotions are not easily mended.

Some of the bravest people in the world today are those with the courage to stick with a marriage through thick and thin, as it was intended to be. Those who know that their unhappiness is not going to be solved by a divorce, and strive to fix things for all involved.

It is possible to wash out the dirty bath water, but keep the baby safe in your arms. This e-book can help you muster the courage to do just that.

Chapter 1: The Truth About Divorce!

How many legal contracts are you bound by right now? You probably have one for your home, whether you rent an apartment or took out a loan for a condo or house. Few of us outright own our vehicles, so there is another contract or two. There may be others through your work, with your nanny, your car mechanic, and even the garbage man in many communities. We sign our names on the dotted line and enter contracts so often it seems ordinary and uneventful. The fact that we are putting our integrity, money, and sometimes our possessions on the line is standard these days.

So, what is the most important contract you have ever entered? We're talking about the one that actually meant something at the time. You know, the one that was not taken as lightly as leasing a mini van.

If you thought of your marriage, you are right. If you thought of anything but your spouse and that union, don't be shocked or ashamed. Most people today do not think of their marriage as a contract, but it is just that. If nothing else, you signed an economic contract the day you said "I do." You got entwined with sharing bank accounts, babies, and possessions. All of this commingling and joining of two lives enforces the contract and complicates everything when things start to go wrong.

Regardless, many people jump into the muddied waters of divorce thinking it is a crystal clear lake. They convince themselves that the water is warm and inviting, that all they have to do is sign a new contract — the divorce contract — and the stream will carry them away from all their unhappiness. There are so many misconceptions in this situation that it is mind boggling how highly intelligent people fall into that mindset. Due to these misconceptions about divorce, it is the easiest contract to be broken in our modern society.

Are you ready to learn the truth about divorce?

I sure hope so! The fact is, studies have shown that couples who go through divorce are indeed no happier five years down the road than similar couples who managed to stay together. That proves the point that the source of unhappiness for the majority of people is not in the partner they have chosen or the life they have created with that partner. Whether divorced or married, five years from today you are likely to be in the same state of happiness, whether that is happier than right now or even more miserable.

You may be wondering how this can possibly be true, but if you take the time to consider the real source of your unhappiness you will find that the arrows do not point to your spouse. If you guessed they may point right back at yourself, you are once again correct.

Before you get offended and start defending yourself, realize that this is a good thing. The only person in this world you have any hope of ever changing is yourself. Sure, your spouse has flaws, but rest assured your own flaws are what leads to your own unhappiness. Be brave enough to fix yourself, and then your marriage may not look the same as it does right now.

If you decide to take the plunge into that warm, inviting water you will likely be stung by the unexpected coldness below the surface. There are two consequences once divorce becomes reality:

✚ *emotional trauma*

✚ *financial chaos*

One thing millions of divorce seekers have in common is that they assume all feelings have been shattered and no longer matter. They see divorce as the end to the pain, confusion, and often boredom that they feel is a result of the marriage. Imagine how stunned they must be when they are in the throws of court proceedings, being tugged like a rope by greedy divorce lawyers who only want to drag it out rather

than end it all, only to find that they are in even more pain than they were before.

It is easy to assume that pain will go away once everything is said and done, but quite often there are a whole new set of emotions that hit at that point. The waters are anything but warm and inviting it turns out, even as the stream pulls you into a brand new start in life.